

Emily C. Willroth

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ACADEMIC POSITIONS

2022- Assistant Professor, Washington University in St. Louis
2021-2022 Senior Research Associate, Northwestern University
2019-2021 Postdoctoral Research Fellow, Northwestern University
2020- 2021 Advanced Statistics Instructor, San Jose State University

EDUCATION

2015-2019 Ph.D., Psychology, University of California Berkeley
2013-2015 M.A., Experimental Psychology, College of William and Mary
2009-2013 B.A., Psychological Science, University of Missouri Columbia

HONORS AND AWARDS

2023, Society for Personality and Social Psychology SAGE Early Career Trajectory Award
2022, Alzheimer's Association Interdisciplinary Summer Research Institute (AA-ISRI) Scholar
2018, Society for Affective Science Positive Emotion Preconference Poster Award
2017, Outstanding Graduate Student Instructor Award
2017, Association of Psychological Science Travel Award
2016, Society for Personality and Social Psychology Travel Award
2015, Carl J. Strikwerda Award for Excellence in Research

EXTERNAL RESEARCH GRANTS

2022-2025, National Institute on Aging (R00AG071838), "*Well-being as a Protective Factor Against Cognitive Decline and Dementia Risk*" (**PI: Emily Willroth**, Co-Is: Patrick Hill, Jason Hassenstab)

2023-2024, National Institute on Aging, Diversity supplement (R00AG071838-S1): "*Well-being as a Protective Factor against Cognitive Decline and Dementia*" (**PI: Emily Willroth**, Trainee: Payton Rule)

2022-23, National Institute on Aging (U24AG072699 subcontract), "*Advancing Psychosocial and Biobehavioral Approaches to Improve Emotional Wellbeing*" (PI: Elissa Epel; **Subcontract PI: Emily Willroth**)

2022-24, National Institute on Aging (L70AG069336), "*Well-being and Cognitive Resilience to Dementia*" Loan Repayment Renewal Award (**PI: Emily Willroth**)

2021-2022, National Institute on Aging (K99AG071838), "*Well-being as a Protective Factor Against Cognitive Decline and Dementia Risk*" (**PI: Emily Willroth**, Mentor: Daniel Mroczek; Co-Mentor: Eileen Graham)

2020-2022, National Institute on Aging (L60AG069336), "*The Lifespan Transmission of Socioeconomic Disadvantage on Alzheimer's Disease Risk*" Loan Repayment Award (**PI: Emily Willroth**)

2017-2019, National Institute of Mental Health (T32MH020006 trainee), "*Predoxal Training Consortium in Affective Science*" (PIs: Sheri Johnson and James Gross; **Predoxal Fellow: Emily Willroth**)

2018, American Psychological Foundation (Graduate Research Scholarship), “*An Investigation of Emotion Dynamics as Predictors of Psychopathology*” (PI: **Emily Willroth**)

INSTITUTIONAL RESEARCH GRANTS

2018, Institute for Personality and Social Research, University of California Berkeley (Research Pilot Grant), “*Emotion Dynamics and Psychopathology*” (PI: **Emily Willroth**)

2014, College of William & Mary (Graduate Student Research Grant), “*Emotion Regulation and Psychotic-Like Experiences*” (PI: **Emily Willroth**)

PUBLICATIONS

*Authors contributed equally.

Underline represents mentee.

44. Kyle, K.M., Ford, B.Q., & **Willroth, E.C.** (in press). Personality trait change across a major global stressor. *Personality and Social Psychological Bulletin*.

43. *Britton, K., *Hill, K.C., ***Willroth, E.C.** (in press). Supporting the well-being of an aging global population: Associations between well-being and dementia. In Aknin, L., De Neve, J.E., Helliwell, J., Layard, R. (Eds). *2024 World happiness report*. Sustainable Development Solutions Network.

42. **Willroth, E.C.** & Pfund, G.N. (in press). Where does purpose belong in wellbeing theory? In Hill, P.L., Burrow, A.L. (Eds). *Purpose in life as ancient but nascent: Perspectives from psychology, philosophy, and human development*. Cambridge University Press.

41. Atherton, O.E., **Willroth, E.C.**, Weston, S.J., & Mroczek, D.K. (in press). A longitudinal investigation of the factors that lead Americans to seek healthcare. *Social Science and Medicine*.

40. Ong, A.D., Graham, E.K., Jackson, K., Atherton, O.E., Luo, J., **Willroth, E.C.**, Beck, E.D., Yoneda, T., Cintron, D.W., Mroczek, D.K., & Steptoe, A. (in press). Associations between generativity and social asymmetry among older adults in Japan. *Journal of Gerontology: Psychological Sciences*.

39. ***Willroth, E.C.** & *Atherton, O.A. (in press). Best laid plans: A guide to reporting preregistration deviations. *Advances in Methods and Practices in Psychological Science*.

38. Barlow, M. A., **Willroth, E.C.**, Wrosch, C., John, O.P., & Mauss, I.B. (in press). When daily emotions spill into life satisfaction: Age differences in emotion globalizing. *Psychology and Aging*.

37. **Willroth, E.C.**, Hill, P.L., Pfund, G.N., & Mroczek, D.K. (2023). Perceptions of a good life: Associations with culture, age, wellbeing, and health. *European Journal of Personality*, 08902070231186344.

36. **Willroth, E.C.**, Luo, J., Atherton, O.E., Weston, S.J., Drewelies, J., Batterham, P.J., Condon, D.M., Gerstorf, D., Huisman, M., Spiro III, A., Mroczek, D.K., & Graham, E.K. (2023). Personality traits and healthcare use: A coordinated analysis of 15 international samples. *Journal of Personality and Social Psychology*. Online ahead of print.

35. Pfund, G.N., **Willroth, E.C.**, Mroczek, D.K., & Hill, P.L. (2023). Valuing versus having: The contrary roles of valuing and having money and prestige on well-being. *Social Psychological and Personality Science*, 19485506231166048.

34. **Willroth, E.C., Pfund, G.N., McGhee, C., & Rule, P.** (2023). Wellbeing as a protective factor against cognitive decline and dementia risk: A review of the literature and directions for future research. *Journal of Gerontology: Psychological Science*, 78(5), 765–776. *Selected Editor's Choice
33. Atherton, O.E., **Willroth, E.C.**, Graham, E.K., Luo, J., Mroczek, D.K., & Lewis-Thames, M.W. (2023). Rural-urban differences in personality traits and wellbeing in adulthood. *Journal of Personality*. Online ahead of print.
32. Jackson, K.L., Luo, J., **Willroth, E.C.**, Ong, A., James, B.D., Bennett, D.A., Wilson, R., Mroczek, D.K., & Graham, E.K. (2023). Associations between loneliness and cognitive resilience to neuropathology in older adults. *Journal of Gerontology: Psychological Sciences*, 78(6), 939-947. *Selected Editor's Choice.
31. **Willroth, E.C.**, Young, G., Tamir, M., & Mauss, I.B. (2023). Judging emotions as good or bad: Individual differences and associations with psychological health. *Emotion*. Online ahead of print.
30. Troy, A.S., **Willroth, E.C.**, Shallcross, A.J., Giuliani, N., Gross, J.J., & Mauss, I.B. (2023). Psychological resilience: An affect regulation framework. *Annual Review of Psychology*, 74, 547-576.
29. **Willroth, E.C.** (2022). The benefits and challenges of a unifying conceptual framework for well-being constructs. *Affective Science*, 4, 41–44.
28. **Willroth, E.C.**, John, O.P. (in press). Individual differences in emotion regulation: Habitual strategy use and beyond. In J.J. Gross & B.Q. Ford (Eds.) *Handbook of Emotion Regulation*.
27. **Willroth, E.C.**, James, B.D., Graham, E.K., Kapasi, A., Bennett, D.A., & Mroczek, D.K. (2023). Well-being and cognitive resilience to dementia-related neuropathology. *Psychological Science*, 78(5), 765–776.
26. **Benkley, D., Willroth, E.C.**, Ayduk, O., John, O.P., & Mauss, I.B. (2022). Short-term benefits of long-term thinking: Temporal distancing and emotional responses to daily stressors. *Emotion*, 23(2), 595-599.
25. **Willroth, E.C., Smith, A.M.**, Graham, E.K., Mroczek, D.K., Shallcross, A.J., & Ford, & B.Q. (2022). Emotional responses to a global stressor: Average patterns and individual differences. *European Journal of Personality*, 1-16.
24. **Willroth, E.C.**, Gatchpazian, A., Thai, S., Lassetter, B., Feinberg, M., & Ford, B.Q. (2022). The insulating function of sleep for well-being: Daily sleep quality attenuates the link between current affect and global life satisfaction. *Affective Science*, 3, 318–329.
23. Yoneda, T., Marroig, A., Graham, E.K., **Willroth, E.C.**, Beck, E., Zelinski, E., Reynolds, C., Pedersen, N., Hofer, S., Mroczek, D.K., & Muniz-Terrera, G. (2022). Personality predictors of cognitive dispersion: A coordinated analysis of data from seven international studies of older adults. *Neuropsychology*, 36, 103-115.
22. Luo, J., Zhang, B., **Willroth, E.C.**, Mroczek, D. K., & Roberts, B. W. (2022). The roles of general and domain-specific perceived stress in healthy aging. *Journal of Gerontology: Psychological Sciences*, 77, 536-549.

21. **Willroth, E.C.**, Graham, E.K., & Mroczek, D.K. (2022). Challenges and opportunities in preregistration of coordinated data analysis: A template and tutorial. *Psychology and Aging, 37*, 136-140.
20. Graham, E.K., **Willroth, E.C.**, Piccinin, A., Weston, S.J., Muniz, G., Clouston, S.A.P., Hofer, S.M., Mroczek, D.K. (2022). Coordinated data analysis: An approach to knowledge accumulation in the lifespan developmental psychological sciences. *Psychology and Aging, 37*, 125-135.
19. Mroczek, D.K., Weston, S.J., Graham, E.K., & **Willroth, E.C.** (2022). Data overuse in aging research: Emerging issues and potential solutions. *Psychology and Aging, 37*, 141-147.
18. Sisson, N., **Willroth, E.C.**, Le, B., & Ford, B.Q. (2021). The benefits of living with close others: A longitudinal examination of mental health before and during a global stressor. *Clinical Psychological Science, 1-15*.
17. Atherton, O.E., **Willroth, E.C.**, Schwaba, T., Goktan, A.J., Graham, E.K., Condon, D.M., Rao, M.B., & Mroczek, D.K. (2021). Personality predictors of emergency department post-discharge outcomes. *Personality Science, 2*.
16. **Willroth, E.C.**, Atherton, O.E., & Robins, R.W. (2021). Life satisfaction trajectories during the transition from adolescence to young adulthood: Findings from a longitudinal study of Mexican-origin youth. *Journal of Personality and Social Psychology, 120*, 192-205.
15. **Willroth, E.C.**, Mroczek, D.K., & Hill, P.L. (2021). Maintaining purpose in midlife predicts better physical health. *Journal of Psychosomatic Research, 145*, 110485.
14. **Willroth, E.C.**, Smith, A.M., Shallcross, A., Graham, E. K., Mroczek, D., & Ford, B. Q. (2021). The health behavior model of personality in the context of a public health crisis. *Psychosomatic Medicine, 83*, 363-367.
13. Smith, A.M., **Willroth, E.C.**, Gatchpazian, A., Shallcross, A.J., Feinberg, M., & Ford, B.Q. (2021). Coping with health threats: The costs and benefits of managing emotions. *Psychological Science, 32*, 1011-1023.
12. Graham, E.K., James, B.D., Jackson, K., **Willroth, E.C.**, Luo, J., Beam, C.R., Pedersen, N., Reynolds, C., Katz, K., Lipton, R.B., Boyle, P., Wilson, R., Bennett, D.A., & Mroczek, D.K. (2021). A coordinated analysis of the associations among personality traits, cognitive decline, and dementia in older adulthood. *Journal of Research in Personality, 92*, 104100.
11. **Willroth, E.C.**, Ong, A., Graham, E.K., & Mroczek, D.K. (2020). Being happy and becoming happier as independent predictors of physical health and mortality. *Psychosomatic Medicine, 82*, 633.
10. **Willroth, E.C.**, John, O.P., Biesanz, J., & Mauss, I.B. (2020). Understanding short-term variability in life satisfaction: The individual differences in evaluating life satisfaction (IDELS) model. *Journal of Personality and Social Psychology, 119*, 229-248.
9. **Willroth, E.C.**, Graham, E.K., & Mroczek, D.K. (2020). Comparing the predictive utility of trait affect and average daily affect for the prospective prediction of health outcomes. *Journal of Research in Personality, 87*, 103966.

8. **Willroth, E.C.**, Flett, J.A.M., & Mauss, I.B. (2020). Depressive symptoms and deficits in stress-reactive positive, negative, and within-emotion-category differentiation. *Journal of Personality*, 88, 174-84.
7. Graham, E.K., James, B.D., Jackson, K.L., **Willroth, E.C.**, Boyle, P., Wilson, R., Bennett, D., & Mroczek, D.K. (2020). Associations between personality traits and cognitive resilience in older adults. *Journal of Gerontology: Psychological Sciences*, 76, 6-19. *Selected Editor's Choice
6. Mroczek, D. K., Weston, S.J., **Willroth, E.C.** (2020). A lifespan perspective on the interconnections between personality, health, and optimal aging. In P.L. Hill & M. Allemand (Eds.) *Personality and Healthy Aging in Adulthood*. Springer Nature.
5. Shallcross, A.J., **Willroth, E.C.**, Fisher, A., Dimidjian, S., Gross, J.J., Visvanathan, P.D., & Mauss, I.B. (2018). Relapse/recurrence prevention in major depressive disorder: 26-month follow-up of mindfulness-based cognitive therapy versus an active control condition. *Behavior Therapy*, 49, 836-849.
4. **Willroth, E.C.**, Koban, L. & Hilimire, M.R. (2017). Social information influences emotion experience and late-positive potential response to affective pictures. *Emotion*, 17, 572-576.
3. Osborne*, K.J., **Willroth***, E.C., DeVlyder, J.E., Mittal, V.A., & Hilimire, M.R. (2017). Investigating the association between emotion regulation and distress in adults with psychotic-like experiences. *Psychiatry Research*, 256, 66-70.
2. Dopp, A.R., Borduin, C. M., **Willroth, E.C.**, & Sorg, A.A. (2017). Long-term economic benefits of interventions for juvenile offenders: comparing and integrating estimation methods. *Psychology, Public Policy, and Law*, 23, 312-323.
1. **Willroth, E.C.**, & Hilimire, M.R. (2016). Differential effects of self- and situation-focused reappraisal. *Emotion*, 16, 468-74.

ACCEPTED REGISTERED REPORTS

1. **Willroth, E.C.**, Ford, B.Q., Troy, A., Butler, E., & Mauss, I.B. (Stage 1 Registered Report accepted in-principle). A preregistered replication and extension of "The Wisdom to know the difference: Strategy-situation fit in emotion regulation in daily life is associated with well-being." *Psychological Science*.

INVITED TALKS

- 2023 University of Houston, *Social-Personality-Health Brownbag*, Houston, TX
- 2023 Society for Affective Science, *Emotion Regulation Preconference*, Long Beach, CA
- 2023 Society for Personality and Social Psychology, *Wellbeing Preconference*, Atlanta, GA
- 2023 Washington University, *Digital Transformations Research Symposium*, St. Louis, MO
- 2022 Gerontological Society for America Epidemiology of Aging, *Interest Group Meeting*, Online
- 2022 Personality Psychology Podcast, *Paper Spotlight*, Online
- 2022 California State University, Long Beach, *Psychology Department Colloquium*, Online
- 2021 Midlife in the United States (MIDUS) Study, *Annual Meeting*, Madison, WI.
- 2021 Northwestern University, *Medical Social Sciences "Food for Thought" Brownbag*, Online
- 2020 University of British Columbia, *Departmental Talk*, Online
- 2020 Washington University, *Social-Personality Psychology Area Brownbag*, Online

CONFERENCE SYMPOSIA CHAIRED

- 2023 **Willroth, E.C.** The Role of Psychosocial and Lifestyle Factors in Cognitive Health. *Gerontological Society of America*, Tampa, FL.

- 2023 **Willroth, E.C.** Emerging Scholars Award Symposium. *Association for Research in Personality*, Evanston, IL.
- 2023 **Willroth, E.C.** Population Trends and Individual Trajectories of Social and Personality Processes. *Society for Personality and Social Psychology*, Atlanta, GA.
- 2021 **Willroth, E.C.** Social Relationships in Older Adulthood and Links with Psychological and Physical Well-Being. *Gerontological Society of America*, Online.
- 2020 **Willroth, E.C.,** Ford, B.Q. Emotion regulation flexibility: Theoretical, experimental, and individual difference perspectives. *Society for Personality and Social Psychology*, New Orleans, LA.
- 2019 **Willroth, E.C.,** John, O.P. Within-person variability in personality, emotion, and well-being. *World Conference on Personality*, Hanoi, Vietnam.

CONFERENCE SYMPOSIUM TALKS

Underline represents mentee.

- 2023 Rule, P. D., Ratner, K., Willroth, E. C., & Hill, P. L. Perceptions of a New Physical Disability Identity Scale Among Adults with Physical Disabilities. *Association for Behavioral and Cognitive Therapies*, Seattle, WA.
- 2023 **Willroth, E.C.,** Troy, A.S., Shallcross, A.J., Giuliani, N.R., Gross, J.J., & Mauss, I.B. An Affect Regulation Framework for Studying Psychological Resilience. *Association for Behavioral and Cognitive Therapies*, Seattle, WA.
- 2023 **Willroth, E.C.** *Discussant* for Integrating Principles of Positive Psychology into Cognitive-Behavioral Psychotherapies: A Roadmap for Measuring and Modifying Well-being. *Association for Behavioral and Cognitive Therapies*, Seattle, WA.
- 2023 **Willroth, E.C.,** Pfund, G.N., Mroczek, D.K., Hill, P.L. Age Differences in Perceptions of a Good Life. *American Psychological Association*, Washington DC.
- 2023 Rush, J, **Willroth, E.C.,** Cerino, E.C., Piazza, J.R., Charles, S.T., Mroczek, D.K., & Almeida, D.A. Longitudinal Associations between Changes in Daily Stress Reactivity and Functional Health across 20 Years of Adulthood. *Gerontological Society of America*, Tampa, FL.
- 2023 Rule, P., Graham, E.K., Nicholas, M., Hattori, R., Thompson, T., Connor, L.T., & **Willroth, E.C.** The Impact of Stroke on Trajectories of Loneliness. *Gerontological Society of America*, Tampa, FL.
- 2023 Pfund, G.N., Rule, P., James, B.D., Hill, P.L., Hassenstab, J., & **Willroth, E.C.** The reciprocal relationship between sense of purpose, eudaimonic well-being, and cognitive decline: A coordinated data analysis. *Gerontological Society of America*, Tampa, FL.
- 2023 Pfund, G. N., James, B. D., Barnes, L. L., Boyle, P. A., & **Willroth, E. C.** Sense of purpose as a predictor of cognitive aging in three longitudinal panel studies. Data blitz at the *Personality Science* pre-conference for the annual conference for the *Society for Personality and Social Psychology*, Atlanta, GA

- 2023 Pfund, G.N., Rule, P., James, B.D., Hill, P.L., Hassenstab, J., & Willroth, E.C. The reciprocal relationship between sense of purpose, eudaimonic well-being, and cognitive decline: A coordinated data analysis. *Society for Personality and Social Psychology*, Atlanta, GA.
- 2023 **Willroth, E.C.,** Beck, E.D., Yoneda, T.B., Beam, C.R., Drewelies, J., Gerstorff, D., Huisman, M., Katz, M.J., Lipton, R.B., Pedersen, N.L., Reynolds, C.A., Warner Schaie, K., Spiro III, A., Turiano, N.A., Willis, S., Mroczek, D.K., & Graham, E.K. Associations of Personality Levels and Change with Mortality Risk in 11 Longitudinal Studies. *Society for Personality and Social Psychology*, Atlanta, GA.
- 2023 Atherton, O.E., **Willroth, E.C.,** Graham, E.K., Luo, J., Mroczek, D.K., & Lewis-Thames, M.W. Are there rural-urban differences in personality and well-being across adulthood? *Society for Personality and Social Psychology*, Atlanta, GA.
- 2022 **Willroth, E.C.,** Luo, J., Graham, E.K., Antic, M., Lopes, M., Ong, A.D., Spiro, A., Mroczek, D.K., & Lee, L.O. Early life stressor exposure, adulthood affective reactivity to daily stressors, and mortality. *Gerontological Society of America*, Indianapolis, IN.
- 2022 **Willroth, E.C.,** James, B.D., Graham, E.K., Kapasi, A., Bennett, D.A., & Mroczek, D.K. Well-being and resilience to dementia-related neuropathology. *Gerontological Society of America*, Indianapolis, IN.
- 2022 **Willroth, E.C.,** James, B.D., Graham, E.K., Kapasi, A., Bennett, D.A., & Mroczek, D.K. Well-being and resilience to dementia-related neuropathology. *American Psychological Association*, Minneapolis, MN.
- 2022 Pfund, G.N., Willroth, E. C., Mroczek, D.K., Hill, P.L. The paradoxical role of having money versus valuing money in predicting well-being. *American Psychological Association*, Minneapolis, MN.
- 2022 **Willroth, E.C.,** James, B.D., Graham, E.K., Kapasi, A., Bennett, D.A., & Mroczek, D.K. Well-being and resilience to dementia-related neuropathology. *European Conference on Personality*, Online and Madrid, Spain.
- 2021 **Willroth, E.C. & Mroczek, D.K.** Maintaining Sense of Purpose in Midlife Predicts Better Physical Health. *Gerontological Society of America*, Online.
- 2021 Sisson, N. M., Willroth, E. C., Le, B. M., & Ford, B. Q. Does living with close others jeopardize or protect well-being in the face of COVID-19? A seven-wave longitudinal study. *Society for Personality and Social Psychology*, Online.
- 2020 Mroczek, D.K., Graham, E.K., **Willroth, E.C.** Openness and Transparency Promotion with Existing Longitudinal Data: A Worked Example of Coordinated Analysis. *Gerontological Society of America*, Online.
- 2020 **Willroth, E.C.,** Ford, B.Q., Mauss, I.B. An experimental manipulation of reappraisal and controllability: Effects on emotions, motivation, behavior, and physiology. *Society for Personality and Social Psychology*, New Orleans, LA.

- 2020 **Willroth, E.C.**, Rush, J., Graham, E.K., Mroczek, D.K., Almeida, D.M. Longitudinal change in affective reactivity to stress: Associations with age, gender, socioeconomic status, and Big Five personality traits. *Lifespan Social-Personality Preconference at the Society for Personality and Social Psychology*, New Orleans, LA.
- 2019 **Willroth, E.C.**, Atherton, O.E., Robins, R.W. Life satisfaction trajectories during the transition from adolescence to young adulthood. *Association for Research in Personality*, Grand Rapids, MI.
- 2019 **Willroth, E.C.**, John, O.P., Biesanz, J., & Mauss, I.B. Short-term variability in life satisfaction as an individual difference: Reliability, stability across time, emotional antecedents, and associations with psychological health. *World Conference on Personality*, Hanoi, Vietnam.
- 2017 **Willroth, E.C.**, Beetz, E., John, O.P., Mauss, I.B. The role of emotional acceptance in within-person variability in life satisfaction. *Association of Psychological Science*, Boston, MA.
- 2017 **Willroth, E.C.**, Beetz, E., John, O.P., Mauss, I.B. Intra-individual variability in life satisfaction: range across people, stability across time, and correlates with psychological health. *Association for Research in Personality*, Sacramento, CA.
- 2015 **Willroth, E.C.** & Hilimire, M.R. (2015). Social influence on emotion experience and physiology *College of William and Mary Graduate Research Symposium*, Williamsburg, VA.
- 2014 **Willroth, E.C.** & Hilimire, M.R. (2014). Effects of self- and situation-focused reappraisal on memory. *College of William and Mary Graduate Research Symposium*, Williamsburg, VA.

POSTER PRESENTATIONS

Underline represents mentee.

- 2023 Britton, K., Bogdan, R., Oltmanns, T., Hill, P.L., & Willroth, E.C. Indicators of Wellbeing and Self- and Informant-Reported Cognitive Decline in Older Adult. *Gerontological Society of America*, Tampa, FL. (upcoming)
- 2022 Kyle, K. M., **Willroth, E.C.**, & Ford, B. Q. Examining Personality Trait Change Across a Major Global Stressor (2022). *Society for Personality and Social Psychology Conference*.
- 2021 Smith, A. M., **Willroth, E. C.**, Gatchpazian, A., Shallcross, A., Feinberg, M., & Ford, B. Q. Coping with Health Threats: The costs and benefits of managing emotions. *Society for Personality and Social Psychology Emotion Preconference*, Online.
- 2019 Lai, J., Vicman, J., **Willroth, E.C.**, Mauss, I.B. Does valuing emotion relate to more differentiated emotion experiences? A survey and experience-sampling study. *Society for Personality and Social Psychology*, Portland, OR.
- 2018 **Willroth, E.C.**, Flett, J.A.M., Conner, T.S., Mauss, I.B. Beyond “feeling good”: Experiencing a variety of positive emotions is beneficial for well-being above and beyond positive emotion intensity. *Society for Affective Science*, Los Angeles, CA.

- 2018 Vicman, J., Karnilowicz, H.R., **Willroth, E.C.**, Mauss, I.B. Emotional awareness and emotion regulation strategy use at the trait and state levels. *Association of Psychological Science*, San Francisco, CA.
- 2018 Rothstein, E., Karnilowicz, H.R., **Willroth, E.C.**, Mauss, I.B. Making the best of a good situation: positive emotion up-regulation during positive events. *Association of Psychological Science*, San Francisco, CA.
- 2017 **Willroth, E.C.**, Ford, B.Q., Troy, A., Mauss, I.B. Context appropriate reappraisal in response to daily stressors is associated with better psychological health. *Society for Affective Science*, Boston, MA.
- 2017 **Willroth, E.C.**, Beetz, E., John, O.P., Mauss, I.B. Life is like a roller coaster ride, but should life satisfaction be?: within-person variability in life satisfaction and psychological health. *Society for Personality and Social Psychology*, San Antonio, TX.
- 2017 **Willroth, E.C.**, Ford, B.Q., Troy, A., Mauss, I.B. Context appropriate reappraisal in response to daily stressors is associated with better psychological health. *Society for Personality and Social Psychology*, San Antonio, TX.
- 2017 Lai, J., **Willroth, E.C.**, Zerwas, F., Mauss, I.B. You feel me? Emotional expressivity and perceived interpersonal support. *Society for Personality and Social Psychology*, San Antonio, TX.
- 2016 Osborne, K.J., **Willroth, E.C.**, DeVylder, J.A., & Hilimire, M.R. Psychotic experiences and emotion regulation. *Society of Research on Psychopathology*, Baltimore, MD.
- 2016 **Willroth, E.C.**, Koban, L., & Hilimire, M.R. Neurocognitive mechanisms of social influence on emotion. *Society for Personality and Social Psychology*, San Diego, CA.
- 2016 Osborne, K.J., **Willroth, E.C.** & Hilimire, M.R. Psychotic experiences and emotion regulation. *Society for Personality and Social Psychology*, San Diego, CA.
- 2015 **Willroth, E.C.** & Hilimire, M.R. Social influence modulates electrophysiological response to emotional stimuli. *Society for Psychophysiological Research*, Seattle, WA.
- 2014 **Willroth, E.C.** & Hilimire, M.R. Self- and situation-focused reappraisal differentially modulate electrocortical response to negative pictures. *Society for Psychophysiological Research*, Atlanta, Georgia.
- 2013 Dopp, A. R., Borduin, C. M., & **Willroth, E. C.** Economic benefits of multisystemic therapy for problem sexual behavior: an updated cost-benefit analysis. *Association for Behavioral and Cognitive Therapies*, Nashville, TN.
- 2013 **Willroth, E.C.**, Borduin, C.M., & Dopp, A.R. Updated cost-benefit analysis of multisystemic therapy for problem sexual behavior. *Midwestern Psychological Association*, Chicago, IL.

TEACHING

Washington University in St. Louis

Introduction to Psychology

San Jose State University (Lecturer)

Intermediate Statistics, Advanced Statistics

University of California Berkeley (Graduate Student Instructor)

Structural Equation Modeling, Executive MBA Leadership, Introductory Data Analysis, Honors Data Analysis, Advanced Data Analysis, Introduction to Psychology, Human Happiness, Health Psychology, Social Psychology

College of William & Mary (Graduate Student Instructor)

Cognition & Thinking, Research Methods

MENTORSHIP AND ADVISING

Postdoctoral Research Mentor

Kyrsten Hill (WashU)

Gabrielle Pfund (Northwestern University; 50%FTE on R00AG071838 subcontract)

PhD Research Mentor

Karysa Britton (WashU)

Post-baccalaureate Research Mentor

Payton Rule (WashU)

Dylan Benkley (UC Berkeley)

Jocelyn Lai (UC Berkeley)

Undergraduate Honors Thesis/Independent Study Mentor

Annika Wei (WashU)

Kalista Kyle (University of Toronto)

Dorota Swierzewicz (UC Berkeley)

Elizabeth Rothstein (UC Berkeley)

Jess Vicman (UC Berkeley)

Committee Member

2023 Dissertation Committee Member, Aj Wright (WashU P&BS PhD)

2023 Dissertation Committee Member, Tabea Springstein (WashU P&BS PhD candidate)

2023 Masters Thesis Committee Member, Aaron Gorelik (WashU P&BS PhD student)

2023 Masters Thesis Committee Member, Muchen Xi (WashU P&BS PhD student)

2023 Subject Matter Exam Committee, Judy Kwak (WashU P&BS PhD student)

Mentored Teaching Experience Mentor

2023 Supervised Mentored Teaching Experience, Thomas Dudey (WashU P&BS PhD student)

2023 Supervised Mentored Teaching Experience, Yining Ding (WashU P&BS PhD student)

2022 Supervised Mentored Teaching Experience, Jessica Hahne (WashU P&BS PhD student)

2022 Supervised Mentored Teaching Experience, Aaron Gorelik (WashU P&BS PhD student)

Psychological & Brain Science Major Advising

2023 Eight WashU undergraduate students

PROFESSIONAL SERVICE

Editorial Board Member

2023, *Journal of Personality and Social Psychology*, Editorial Board Member

2023-2024, *Journal of Psychopathology and Clinical Science*, Consulting Editor

2022-2025, *Emotion*, Consulting Editor

Ad Hoc Journal Reviewer

Clinical Psychological Science
Cognition and Emotion
Emotion
Developmental Psychology
Health Psychology
International Journal of Well-being
Journal of Experimental Psychology: General
Journals of Gerontology
Journal of Personality
Journal of Personality Assessment
Journal of Personality and Social Psychology
Journal of Psychosomatic Research
Journal of Research in Personality
Motivation and Emotion
PLOS One
Psychology and Aging
Psychology and Health
Psychological Bulletin
Psychological Science
PNAS
Social Psychological and Personality Science

Ad Hoc Grant Reviewer

RRF Foundation for Aging
Virginia General Assembly Alzheimer's & Related Diseases Research Award Fund

Society Service

2024-2026 Emotion Regulation Preconference Organizer, Society for Affective Science
2023-2025 Wellbeing Preconference Organizer, Society for Personality and Social Psychology
2023 Emerging Scholars Award Reviewer, Association for Research in Personality
2019 Research Award Reviewer, Society for Personality and Social Psychology

University Service, Washington University in St. Louis

2022-2023 Speaker, Harvey A. Friedman Center for Aging at the Institute for Public Health Summer Research Program in Aging and Neurodevelopmental Disorders
2022 Panelist, Graduate Student Advisory Council to the Center for Teaching and Learning

Department Service, Washington University in St. Louis

2022 Panelist, Aging & Development Training Program Retreat "Ask Anything" Panel

University Service, Northwestern University

2021 Committee Member, Northwestern Developmental Sciences (DevSci) Training Modules
2021 Instructor, Northwestern Developmental Sciences (DevSci) Undergraduate Research Seminar Series

WASHU WORKSHOPS AND TRAININGS

Spring 2022 How to Write Winning Grants Workshop
Summer 2022 Center for Teaching and Learning Course Design Institute

Spring 2023 CIMER Mentoring Workshop
Spring 2023 Center for Teaching and Learning Dynamic Lectures Workshop
Spring 2023 NSF CAREER Award Workshop
Spring 2023 TRIADS From Ideas to Action

PROFESSIONAL MEMBERSHIPS

American Psychological Association (General Member and Division 20 Member)
Association for Psychological Science
Society for Personality and Social Psychology
Gerontological Society of America
Association for Research in Personality
Society for Affective Science
Alzheimer's Association International Society to Advance Alzheimer's Research and Treatment