

# Kyrsten Costlow Hill, Ph.D.

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Department of Psychological & Brain Sciences  
Washington University in St. Louis  
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## ACADEMIC POSITIONS

Postdoctoral Researcher, *Washington University in St. Louis* August 2023 –

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## EDUCATION

Internship, Clinical Psychology (APA Accredited) July 2022 – July 2023  
VA St. Louis Healthcare System, St. Louis, MO

Ph.D., Clinical Psychology, Geropsychology Concentration (APA Accredited) August 2023  
The University of Alabama, Tuscaloosa, AL  
Dissertation: *The impact of perceived control on stressor reactivity across adulthood and late life*

M.A., Clinical Psychology, Geropsychology Concentration (APA Accredited) December 2019  
The University of Alabama, Tuscaloosa, AL  
Thesis: *When less is more: Downsizing, sense of place, and well-being in late life*

B.A., Psychology May 2015  
Cornell University, Ithaca, NY

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## HONORS AND AWARDS

National Alumni Association Fellowship, *The University of Alabama* 2021 – 2022

Three Minute Thesis (3MT) Finalist, *The University of Alabama* Fall 2020

Graduate Student Annual Poster Symposium Third Place, *The University of Alabama* Spring 2019

ASPEC Student Award in Gerontology and Geriatrics Spring 2018  
*Southeastern Student Mentoring Conference in Gerontology & Geriatrics*

Graduate School's Student Research Travel Award, *The University of Alabama* 2017 – 2021

Graduate Council Fellowship, *The University of Alabama* 2017

Graduate School Fellowship Enhancement Partnership (FEP) Award 2017  
*The University of Alabama*

NIH Postbaccalaureate Intramural Research Training Award 2015 – 2017  
*National Institutes of Health (NIH)*

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## PEER-REVIEWED JOURNAL ARTICLES

Please note that I changed my last name from Costlow to Hill in 2021.

- Choi, S. L., **Hill, K. C.**, & Parmelee, P. A. (2023). Communication modalities, personality traits, and change in perceived control over social life following onset of the COVID-19 pandemic among older Americans. *Research on Aging, 0*(0). <https://doi.org/10.1177/01640275231178809>
- Parmelee, P. A., Behrens, E., **Hill, K. C.**, Cox, B., DeCaro, J., Keefe, F., & Smith, D. (2021). Momentary associations of osteoarthritis pain and affect: Depression as moderator. *The Journals of Gerontology: Series B, gbab221*. <https://doi.org/10.1093/geronb/gbab221>
- Costlow, K.**, Parmelee, P. A., Choi, S. L., & Roskos, B. (2020). When less is more: Downsizing, sense of place, and well-being in late life. *Journal of Environmental Psychology, 71*. <https://doi.org/10.1016/j.jenvp.2020.101478>
- Costlow, K.**, & Parmelee, P. A. (2020). The impact of relocation stress on cognitively impaired and cognitively unimpaired long-term care residents. *Aging and Mental Health*. <https://doi.org/10.1080/13607863.2019.1660855>
- Bornstein, M. H., Putnick, D. L., **Costlow, K.**, & Suwalsky, J. T. D. (2018). Retrospective report revisited: Long-term recall in European American mothers moderated by developmental domain, child age, person, and metric of agreement. *Applied Developmental Science, 24*(3), 242-262. <https://doi.org/10.1080/10888691.2018.1462090>
- Bornstein, M. H., **Costlow, K.**, Truzzi, A., & Esposito, G. (2016). Categorizing the cries of infants with ASD versus typically developing infants: A study of adult accuracy and reaction time. *Research in Autism Spectrum Disorders, 31*, 66-72. <https://doi.org/10.1016/j.rasd.2016.08.001>

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## ENCYCLOPEDIA ENTRIES

- Costlow, K.** (2018). Social science. In M. Bornstein, M. E. Arterberry, K. L. Fingerman, & J. E. Lansford (Eds.), *The SAGE encyclopedia of lifespan human development*. Thousand Oaks, CA: Sage Publications, Inc.
- Costlow, K.**, & Bornstein, M. H. (2018). Double blind design. In B. Frey, J. H. Lohmeier, J. Templin, R. H. Woodland, N. Kingston, & W. P. Skorupski (Eds.), *The SAGE encyclopedia of educational research, measurement, and evaluation*. Thousand Oaks, CA: Sage Publications.
- Costlow, K.**, & Bornstein, M. H. (2018). Pygmalion effect. In B. Frey, J. H. Lohmeier, J. Templin, R. H. Woodland, N. Kingston, & W. P. Skorupski (Eds.), *The SAGE encyclopedia of educational research, measurement, and evaluation*. Thousand Oaks, CA: Sage Publications.

**Costlow, K., & Bornstein, M. H.** (2018). Social cognitive theory. In B. Frey, J. H. Lohmeier, J. Templin, R. H. Woodland, N. Kingston, & W. P. Skorupski (Eds.), *The SAGE encyclopedia of educational research, measurement, and evaluation*. Thousand Oaks, CA: Sage Publications.

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## MANUSCRIPTS UNDER REVIEW

\*Authors contributed equally

Britton\*, K., **Hill\***, K. C., & Willroth\*, E. (Invited chapter under review). Supporting the well-being of an aging global population: Associations between well-being and dementia. *The World Happiness Report*.

Allemand, M., **Hill, K. C.**, & Hill, P. L. (Under review). Health behavior and perceptions of the future time perspective in adulthood. *International Journal of Behavioral Medicine*.

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## MANUSCRIPTS IN PREPARATION

**Hill, K. C.**, Hill, P. L., Bogdan, R., Oltmanns, T., Norton, S., Spears, I., Wilson, M., & Willroth, E. C. (In preparation). Levels and change in life satisfaction as predictors of self- and informant-reported health and mortality.

**Hill, K. C.**, Parmelee, P.A., & Xia, M. (In preparation). The impact of perceived control on stressor reactivity across adulthood and late life.

**Hill, K. C.**, Pfund, G. N., Rule, P., Hill, P. L., James, B. D., Hassentab, J. J., & Willroth, E. C. (In preparation). A coordinated analysis of bidirectional associations between life satisfaction and cognitive functioning.

**Hill, K. C.**, Dewitte, L., Allemand, M., & Hill, P. L. (In preparation). Giving back to the future: How future time perspective influences generativity and purpose.

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## CONFERENCE PRESENTATIONS

Romo, J., Vanderlan, J., Morris, D., Huelsman, K., Tippey, A., Whitman, S., & **Hill, K. C.** (2024, March). *Developing a group psychotherapy intervention for adults with Li-Fraumeni Syndrome*. Poster submitted to the American Psychosocial Oncology Society (APOS) Annual Conference, Albuquerque, NM.

**Hill, K. C.**, Hill, P. L., Bogdan, R., Oltmanns, T., Norton, S., Spears, I., Wilson, M., & Willroth, E. C. (2024, February). *Levels and change in life satisfaction as predictors of self- and informant-reported health and mortality*. Data blitz accepted to the *Happiness and Well-Being Preconference at the Society for Personality and Social Psychology*, San Diego, CA.

- Hill, K. C.,** Dewitte, L., Allemand, M., & Hill, P. L. (2023, October). *Giving back to the future: How future time perspective influences generativity and purpose*. Poster presented at the Innovation in Social and Community Psychology Summit, St. Louis, MO.
- Witte, T. H., Allen, R. S., Bui, C., Reel, C., **Hill, K. C.,** & Jones, D. (2022, April). *Trauma exposure and mental health symptoms in individuals receiving treatment for substance use disorders*. Symposium presented at The University of Alabama System Behavioral Health Conference, Tuscaloosa, AL.
- Costlow, K.,** Behrens, E., Smith, D., DeCaro, J., Cox, B., & Parmelee, P. A. (2021, November). *Keep your hopes up: An examination of racial differences in the association between hope and pain*. Poster presented at the Gerontological Society of America (GSA) Annual Scientific Meeting, Phoenix, AZ.
- Allen, R. S., Jacobs, L., **Costlow, K.,** Reel, C. D., & Rybarczyk, B. D. (2021, November). *Disruption to substance and opioid use disorder: The deep south substance and opioid use rural training grant*. Symposium presented at the Gerontological Society of America (GSA) Annual Scientific Meeting, Phoenix, AZ.
- Behrens, E., **Costlow, K.,** Smith, D., DeCaro, J., Cox, B., & Parmelee, P. A. (2021, November). *The moderating role of depression on momentary pain-affect associations in osteoarthritis*. Poster presented at the Gerontological Society of America (GSA) Annual Scientific Meeting, Phoenix, AZ.
- Costlow, K.,** Choi, S. L., Roskos, B., & Parmelee, P. A. (2020, November). *When less is more: Downsizing, sense of place, and well-being in late life*. Poster presented at the Gerontological Society of America (GSA) Annual Scientific Meeting, Philadelphia, PA.
- Costlow, K.,** Yeager, L., Choi, S. L., Roskos, B., & Parmelee, P.A. (2020, November). *Applying the push-pull framework to downsizing in late life*. Poster presented at the Gerontological Society of America (GSA) Annual Scientific Meeting, Philadelphia, PA.
- Costlow, K.,** Parmelee, P. A., & Harralson, T. (2019, November). *The mediating roles of health locus of control and coping on the pain-depression pathway*. Poster presented at the Gerontological Society of America (GSA) Annual Scientific Meeting, Austin, TX.
- Costlow, K.,** Behrens, E., Cox, B., Smith, D., & Parmelee, P. A. (2019, August). *Adult attachment, pain coping strategies, and depression in older adults with osteoarthritis*. Poster presented at the American Psychological Association (APA) Annual Convention, Chicago, IL.
- Costlow, K.,** Dragan, D., Cox, B., & Parmelee, P. A. (2018, November). *Caregivers help in problems solving (CHIPS) program: A peer-led intervention*. Poster presented at the Gerontological Society of America (GSA) Annual Scientific Meeting, Boston, MA.
- Costlow, K.,** & Parmelee, P. A. (2018, October). *The impact of relocation stress on cognitively impaired and cognitively unimpaired long-term care residents*. Oral presentation presented at the Alabama Psychological Association (aPA) Annual Convention, Orange Beach, AL.
- Dragan, D., Crowther, M. R., Allen, R. S., Hilgeman, M., **Costlow, K.,** & Behrens, E. (2018, August).

*Religion and spirituality conceptualizations across the lifespan: A mixed methods approach.* Poster presented at the American Psychological Association (APA) Annual Convention, San Francisco, CA.

**Costlow, K.,** & Parmelee, P. A. (2018, April). *The impact of relocation stress on cognitively impaired and cognitively unimpaired long-term care residents.* Poster presented at the Southeastern Student Mentoring Conference in Gerontology and Geriatrics, St. Petersburg, FL.

Gammon, C., **Costlow, K.,** Yu, J., Hendricks, C., & Bornstein, M. H. (2017, May). *The effect of parenting style on young adult externalizing behavior: The role of engulfment anxiety.* Poster presented at the National Institutes of Health Poster Day, Bethesda, MD.

Esposito, G., Truzzi, A., **Costlow K.,** & Bornstein, M.H. (2017, April). *Cries of infants with ASD are more challenging to interpret than cries of typically developing infants.* Poster presented at the 2017 Society for Research in Child Development Biennial Meeting, Austin, TX.

Putnick, D., Bornstein, M., **Costlow, K.,** Lansford, J., Chang, L., Deater-Deckerd, K., ... & Bombi, A.S. (2017, April). *Parental acceptance-rejection and child prosocial behavior: Transactions across the transition to adolescence in nine countries.* Poster presented at the 2017 Society for Research in Child Development Biennial Meeting, Austin, TX.

Henry, L., **Costlow, K.,** Goldstein, S., Kaufman, M., Bornstein, M., & Hendricks, C. (2016, April). *Language development in children of clinically depressed mothers: Stability and continuity in expression and production.* Poster presented at the National Institutes of Health (NIH) Poster Day, Bethesda, MD.

Henry, L., Racz, S. J., Kaufman, M., **Costlow, K.,** Bornstein, M., Putnick, D. L., Hendricks, C., & Suwalsky, J. T. D. (2016, March). *The effect of parental partiality on siblings' academic outcomes.* Poster presented at the 2016 Society for Research on Adolescence Biennial Meeting, Baltimore, MD.

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## TEACHING EXPERIENCE

Trauma- and Stressor-Related Disorders <i>Guest Lecturer, Washington University in St. Louis</i>	Fall 2023 St. Louis, MO
Psychology 365: Psychology of Aging <i>Lead Instructor, University of Alabama</i>	Spring 2022 Tuscaloosa, AL
Home Is Where the Heart Is: Late-Life Relocation and Housing Decisions <i>Guest Lecturer, Osher Lifelong Learning Institute (OLLI)</i>	Summer 2020 Tuscaloosa, AL
Psychology 101: Introduction to Psychology <i>Co-Instructor, University of Alabama</i>	Spring 2020 Tuscaloosa, AL
Psychology 101: Introduction to Psychology	Spring 2019

Graduate Teaching Assistant, University of Alabama

Tuscaloosa, AL

Psychology 4360: Language Development  
Undergraduate Teaching Assistant, Cornell University

Spring 2015  
Ithaca, NY

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## CLINICAL EXPERIENCE

### ***VA St. Louis Health Care System Psychology Intern*** (APA Accredited; July 2022 - 2023)

Siteman Cancer Center July 2022 – January 2023  
Barnes-Jewish Hospital/Washington University School of Medicine St. Louis, MO  
*Supervisors:* Jessica Vanderlan, Ph.D., Jennifer Romo, Psy.D.

Trauma Recovery Program July 2022 – January 2023  
VA St. Louis Health Care System St. Louis, MO  
*Supervisor:* Lauren Albinson, Psy.D.

Community Living Center January 2023 – July 2023  
VA St. Louis Health Care System St. Louis, MO  
*Supervisor:* Lauren Mensie, Ph.D.

Palliative Care January 2023 – July 2023  
VA St. Louis Health Care System St. Louis, MO  
*Supervisor:* Chelsi Creech, Psy.D.

Cognitive Processing Therapy (CPT) Consultation August 2022 – March 2023  
VA St. Louis Health Care System St. Louis, MO  
*Supervisors:* Andrew Darchuk, Ph.D., Sarah Shia, Ph.D.

Scholarly Project - Home-Based Primary Care Group Psychotherapy July 2022 – May 2023  
VA St. Louis Health Care System St. Louis, MO  
*Supervisor:* Leslie French, Ph.D.

### ***University of Alabama Clinical Psychology Trainee*** (APA Accredited; August 2017 - July 2022)

Betty Shirley Clinic, Neuropsychology Assessments July 2021 – July 2022  
University Medical Center Tuscaloosa, AL  
*Supervisor:* John Burkhardt II, PsyD, HSP

Elder Law Clinic, Capacity Evaluations November 2020 – July 2022  
University of Alabama Tuscaloosa, AL  
*Supervisors:* Lindsey Jacobs, Ph.D., Rebecca Allen, Ph.D., ABPP

Advanced Geropsychology Practicum August 2019 – July 2022  
University of Alabama Psychology Clinic Tuscaloosa, AL  
*Supervisors:* Rebecca Allen, Ph.D., ABPP, Martin Morthland, Ph.D., Lindsey Jacobs, Ph.D.

Betty Shirley Clinic, Complex Trauma Treatment August 2019 – July 2022

University Medical Center <i>Supervisor: Nancy Rubin, PsyD</i>	Tuscaloosa, AL
Geriatrics Clinic Interdisciplinary Care Team University Medical Center <i>Supervisors: Rebecca Allen, Ph.D., ABPP, Anne Halli, M.D.</i>	July 2019 – July 2022 Tuscaloosa, AL
Law Enforcement Candidate Psychological Evaluations University of Alabama Psychology Clinic <i>Supervisors: Clayton Shealy, Ph.D., Jennifer Cox, Ph.D.</i>	July 2018 – July 2022 Tuscaloosa, AL
Virtual Memory Clinic University of Alabama Geropsychology Clinic <i>Supervisor: Rebecca Allen, Ph.D., ABPP</i>	September 2020 – April 2021 Tuscaloosa, AL
Graduate Psychology Education Program, SUD Treatment Whatley Health Services and Phoenix House <i>Supervisors: Rebecca Allen, Ph.D., ABPP, Tricia Witte, Ph.D.</i>	August 2020 – August 2021 Tuscaloosa, AL
Geriatric Psychiatry, Severe Mental Illness Mary Starke Harper Geriatric Psychiatry Center <i>Supervisor: Jennifer Gardner, Ph.D.</i>	May 2019 – August 2019 Tuscaloosa, AL
Basic Psychotherapy Practicum University of Alabama Psychology Clinic <i>Supervisor: Clayton Shealy, Ph.D.</i>	August 2018 – August 2019 Tuscaloosa, AL

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## CLINICAL SUPERVISION EXPERIENCES

Advanced Geropsychology Practicum Peer Supervision University of Alabama Psychology Clinic <i>Supervisors: Rebecca Allen, Ph.D., ABPP</i>	August 2020 – November 2020 Tuscaloosa, AL
Basic Practicum Peer Supervision University of Alabama Psychology Clinic <i>Supervisors: Jeanne Cundiff, Ph.D., Sara Stromeyer, Ph.D.</i>	August 2020 – August 2021 Tuscaloosa, AL

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## LEADERSHIP AND SERVICE

Cultural Competency Council (C3) <i>Member of Outreach Committee</i>	October 2022 – July 2023
Society of Clinical Geropsychology (SCG) <i>Student Representative</i>	August 2020 – December 2022

APA Division 20 Special Interest Groups Initiative <i>Assistant Chair</i>	August 2020 – August 2022
Clinical Diversity Subcommittee <i>Graduate Student Representative</i>	October 2020 – July 2022
Diversity, Equity, and Inclusion (DEI) Department Initiatives <i>Student Volunteer</i>	August 2020 – July 2022
University Medical Center Geriatrics Clinic Liaison <i>Student Liaison</i>	May 2020 – July 2022
University of Alabama Peer Mentor <i>Student Mentor</i>	May 2018 – July 2022
Geropsychology Practicum Representative <i>Student Representative</i>	May 2020 – August 2021
Gerontological Society of America (GSA) <i>Abstract Reviewer</i>	March 2020
Aging and Mental Health <i>Ad Hoc Reviewer</i>	January 2020
Association for Psychological Science (APS) RISE Research Award <i>Award Submission Reviewer</i>	April 2019
Undergraduate Research and Creative Activity Conference <i>Judge</i>	March 2018
Short-Term Education Program for Underrepresented Persons (STEP-UP) <i>Judge</i>	August 2015
Psi Chi, Cornell University <i>Executive Board Member, Secretary</i>	April 2014 – May 2015

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## PROFESSIONAL MEMBERSHIIPS

American Psychological Association (APA)  
*Division 12: Society of Clinical Psychology*  
*Division 20: Adult Development and Aging*  
Society of Clinical Geropsychology (SCG)  
Gerontological Society of America (GSA)  
Society for a Science of Clinical Psychology



Association for Psychological Science (APS)  
Psi Chi, International Honor Society in Psychology