

# VICTORIA TRAMMELL

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## EDUCATION:

### University of Missouri, Columbia

May 2022

*Bachelor of Arts, Psychology*

Minors: Human Development and Family Sciences, Sociology

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## WORK EXPERIENCE:

### Dr. Willroth's Well Being & Emotion Across the Lifespan Lab

January 2023 - Present

Lab Manager – Washington University

- Collaborating with Dr. Willroth on well-being and health research
- Conducting literature searches on relevant research material
- Fulfilling day-to-day management tasks of the lab

### Dr. Sun's Well-Being & Morality Lab

September 2022 - Present

Lab Manager – Washington University

- Collaborating with Dr. Sun on well-being and morality research
- Completing managerial duties for the functioning of the lab
- Analyzing data and summarizing relevant literature for research projects

### Blue Sprig Pediatrics

November 2021 – July 2022

Registered Behavioral Technician

- Assisted board-certified behavior analysts in helping adolescents on the autism spectrum
  - Provided direct client care in one-on-one and group settings (in clinic and at home care)
  - Collected and recorded data based on observations of client behavior
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## INTERNSHIP EXPERIENCE:

### Coyote Hill Foster Care Home

January 2022 – May 2022

Intern

- Fostered relationships with children in the After School Program
- Designed lessons and engaged in a variety of activities with the children
- Promoted children's mental health through the Equine Therapy Program

### Midtown Psychological Services

May 2021 – August 2021

Summer Intern

- Shadowed psychological evaluations performed by a Clinical Psychologist
- Conducted and graded various mental health questionnaires and exams (including the SHIPLEY, WRAT, AAPI, BDI, MAST)
- Observed "Psychlogic", a program dealing with public safety and law enforcement

### Tri County Mental Health

December 2017 – May 2018

Intern

- Observed and helped in Tri-County's Day Program for adults living with mental health disorders
- Attended at-home visits for patients enrolled in services with Tri-County
- Shadowed a variety of mental health supervisors (therapist, substance abuse counselor, crisis counselor, psychiatrist, and a clinical psychologist)

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## UNDERGRADUATE RESEARCH EXPERIENCE:

### **Dr. Booker's Positive Youth Development Lab**

August 2021 – May 2022

Research Assistant – University of Missouri

- Rated life stories for different themes of structure, motivation, and reasoning
- Completed individual data management assignments within the lab
- Attended and participated in weekly lab meetings

### **Dr. Groh's Family and Development Lab**

August 2021 – May 2022

Research Assistant – University of Missouri

- Collaborated with a team on Child Temperament Meta-Analysis Project
- Coded and downloaded relevant sources for a meta-analysis project
- Studied and annotated scholarly articles related to the lab

### **Dr. Hawley's Child Therapy Lab**

August 2018 - May 2019

Research Assistant – University of Missouri

- Analyzed and improvised Therapy Tracker feedback reports
- Evaluated articles for a meta-analysis project
- Researched mental health studies and practices used in clinical settings

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## LEADERSHIP POSITIONS:

### **Alpha Phi – Omicron Chapter**

August 2021 – May 2022

Watch Care Committee

- Collaborated and developed mental health resources with watch care team
- Assisted members who may be struggling with their mental health
- Point of contact for members to communicate or voice their concerns

### **Alpha Phi – Omicron Chapter**

January 2020 – January 2021

Vice President of Community Relations

- Advanced women's lives through the power of philanthropy
- Planned successful events that raised money for the Alpha Phi Foundation supporting women's heart health
- Appointed positions below me to successfully participate in external events - Mizzou Homecoming, Mizzou RAMS, and Mizzou Greek Week

### **Mizzouthon**

November 2019 – April 2020

Miracle Cup Liaison – Alpha Phi

- Responsible for Alpha Phi's fundraising for the Children's Miracle Network
- Planned and executed events for our chosen Miracle Child
- Provided year-round personal attention, support, and friendship to Alpha Phi's Miracle Child

### **University of Missouri – Greek Life**

January 2019 – January 2020

Panhellenic Association Accessibility Liaison

- Improved the accessibility and inclusivity of Mizzou Greek Life
- Solved issues surrounding accessibility
- Removed barriers for Mizzou Greek Life members

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### **VOLUNTEER EXPERIENCE:**

- Coyote Hill Respite Night** March, April, and November 2022
- Provided a short-term break for the foster parents
  - Engaged in games, crafts, and enjoyable activities with the children
- Reach Out and Read Kansas City** September 2022
- Promoted the implementation of books into pediatric care
  - Directed registration and helped organize silent auction for charity event
- Feed Northland Kids Kansas City** September 2022
- Advocated for issues surrounding children hunger
  - Assisted with the BackSnack Program, addressing weekend nutrition and hunger by providing healthy, kid-friendly food for children
- Mizzouthon** March 2019, 2020, 2021
- Fundraised and attended various events for Miracle Children
  - Participated in main event, a 13.1-hour dance marathon celebrating the Miracle Children
- Rainbow House Emergency Shelter** January 2019
- Performed cleaning tasks to help the functioning of the shelter
  - Interacted and engaged with children staying at the shelter

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### **ACHIEVEMENTS:**

- Psychology Club / Psi Chi Honor Society Member
- Arts and Science Dean's List student
- University of Missouri Undergraduate Research Spring 2022 Participant
- Registered Behavioral Technician Certificate

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### **PROJECTS:**

- Johnson, C. L., Wyatt, L., Winters, S., Trammell, V., Chavez, S., Szarnecki, N., Schroeder, E., Le, M., Mitchell, A., DiMercurio, I., Wozniak, M., Wegman-Roark, B., Booker, J. A. (2022). Stories about the college transition: Student narratives from fall 2018 and fall 2021. Manuscript under review.
- Trammell, T. & Booker, J. A. (May 2022). Ways young adults relate to themselves and to others: Focusing on associations among growth, compassion, and attachment. Poster presented at the University of Missouri Undergraduate Research Spring Forum.