

UNDERGRADUATE GROUP 1

Ensure aging-related content in courses. Confront ageism. Market careers in aging. Support those applying to graduate programs. Provide resources for service learning. Support undergraduate programs without gerontology

BRIDGES_CONFERENCE FEB 17, 2021 12:36PM

INSTRUCTIONS

BRIDGES_CONFERENCE FEB 26, 2021 01:20PM

1. Decide on a leader and 2 scribes

2. Open your group's padlet as shown in the zoom chat.
3. For each question/column, identify at least 3 issues and discuss.
4. Use the + button to add your ideas and notes.
5. Spend 10 minutes on each question/ column.
6. Someone from the planning committee will stop by your group to check in - but feel free to be innovative to solve tech issues.

#1. Identify and discuss 3 BARRIERS to attracting interest in aging at the undergraduate level.

ANONYMOUS MAR 02, 2021 10:08PM

Lack of exposure to aging topics

- overemphasis on neuro in undergrad classes for aging topics
- need accurate aging content presented in undergrad survey courses
- unbalanced content in nursing textbooks -- pediatric vs. geriatric
- instructors lack knowledge on aging and skip over aging material (often at the end of textbooks!)

situation of gero at the end of the lifespan and textbooks, too easy to skip or not get to – ANONYMOUS

ANONYMOUS MAR 03, 2021 01:10PM

Stigma

Continued stigma against aging and older adulthood; agism in higher education, lack of courses, "invisibility" in most course materials, when presented, it's a deficit-model in textbooks. Sources include stigma in media, perception of it "not fun" or interesting/disease/dying focused rather than on growth or positivity. Note: This also happens with mid-life sections.

Recommendation: Increase visibility of aging, in a holistic way, training for academics who teach courses to reduce agism.

not required by universities therefore not incorporated
– ANONYMOUS

ANONYMOUS MAR 02, 2021 10:12PM

Ageism in students & media

aging mockery on TikTok and other social media, students dressing up as "old people" – ANONYMOUS

Speak up against agism in the community in other ways, like the "100 days of school" (K-5) where kids dress up as stereotyped older adults. Those kids grow up to be our undergraduates. – ANONYMOUS

#2. Identify and discuss 3 STRATEGIES to enhance racial and ethnic diversity in geropsychology.

ANONYMOUS MAR 02, 2021 10:19PM

Access and awareness increased in students around aging issues.

Openly addressing aging can draw a diverse group of students. Proactively advertising diversity within aging to undergraduate programs, meetings from groups, etc.

In the interest of DEI a lot of grad programs put out webinars this year to walk students through what it means and what it takes to apply to grad school. a similar model could be used to increase equity and access at the undergrad level – ANONYMOUS

I'm on the SCG DEI committee (seeking new members, reach out to Flora Ma if interested) and am also the SCG social media coordinator. we are hoping to weave the two together and increase our social media presence with increased posting of anti-ageism materials in the hopes of reaching a more diverse audience (reach out to me if you have ideas for social media content :) tloskot@stanford.edu) – ANONYMOUS

ANONYMOUS MAR 02, 2021 10:21PM

Equality across materials

Intersectionality in aging work, with race/ethnicity, gender identity, sexual orientation (LGBTQ+), etc. that gets embedded in research and classes. Representation matters!

ANONYMOUS MAR 02, 2021 10:13PM

Partner with AARP volunteers who are members of diverse communities

YWCA also. — ANONYMOUS

ANONYMOUS MAR 02, 2021 10:15PM

Fostering more intergenerational experiences within and across diverse groups

LGBTQ populations, young or old, might share experiences

ANONYMOUS MAR 02, 2021 10:22PM

Funding

Where are the scholarships, grants, etc. specific to students of color who are interested in geropsychology?

#3. Identify and discuss 3 SOLUTIONS/ ACTION STEPS to increase interest in aging at the undergraduate level.

KRISTI MULTHAUP MAR 02, 2021 10:05PM

Partner with pre-health groups and emphasize that their future patients will include many older adults so need to know more about aging

ANONYMOUS MAR 02, 2021 10:29PM

Balance Materials

Holistic materials that balance the deficit model with positive aging; weave aging topics throughout all psychology topics (intro, development, personality, abnormal, etc.)

- college textbooks

-also at the high school level; college credit plus students are high schoolers taking college credit. What do the AP or CCP materials look like?

KRISTI MULTHAUP MAR 03, 2021 01:26PM

develop materials for Intro Psych teachers (e.g., ask students to generate what was good/bad about being 6 yrs old, 12 yrs, 18 yrs and then highlight good and bad at each age). Give EXs of pos/neg of older adulthood could then cover in class

- Would implicit bias training be helpful for aging? There's a lot of implicit bias training for racism, why not for agism?

there is one at <https://implicit.harvard.edu/implicit/selectatest.html>
— KRISTI MULTHAUP

ANONYMOUS MAR 02, 2021 10:22PM

Increase community outreach to middle school age students - future college students; I find this is the time when many of our gero-interested students experienced meaningful connections and interests

-service-learning

-volunteering in various aging spaces (e.g., senior centers, LTC, community, etc)

JENNIFER STANLEY MAR 02, 2021 10:24PM

Foster interdisciplinary contact

Require volunteer opportunities

Reach out to pre-health groups to partner with folks to make their students aware of the importance of aging.

ANONYMOUS MAR 02, 2021 10:26PM

Inviting older adults to participate in freshman year seminars

-intergenerational educational experiences.

-older adults should be co-participants

ANONYMOUS MAR 02, 2021 10:31PM

Development of a resource with aging-related volunteer opportunities

undergrads are always looking for "clinical experience". Friendship Line in San Francisco was my intro to gero, a warm line for older adults experiencing isolation and mental illness

- This is a fertile space during COVID-19; many states have bolstered their warm line connections for older adults during this time.

Yes - as an undergrad I was profoundly positively influence by a volunteer opportunity associated with a Sociology of Aging course
- ANONYMOUS

Volunteering and interacting with older adults can help students to realize that you don't need to be older to care about older adults
- ANONYMOUS

Share existing materials such as the web-based Careers in Aging Roadmaps, that for each level of training (HS, undergrad, early grad, late grad) that offers the opp for students to think about their interests, how to get experience in aging, and lots and lots of resources to enter work in aging research, practice, and academic settings, (not specific to psych careers but across disciplines).
- ANONYMOUS

JENNIFER STANLEY MAR 02, 2021 10:39PM

Use movies and videos to increase interest in aging

Have students bring in media content that reflects ageism
-Elderspeak
-Social media
-use trade books instead of/in addition to textbooks

Also social media! - ANONYMOUS

This Chair Rocks: Manifesto Against Ageism as required reading
- ANONYMOUS

JENNIFER STANLEY MAR 02, 2021 10:35PM

Use aging examples throughout psych classes

Example: statistics class work with data on aging
-Involvement in research labs where aging is studied

ANONYMOUS MAR 02, 2021 10:36PM

Involve them in research at the undergraduate level

-Honors research
-Research lab work
-PsiChi research awards

Use this column to record other issues or comments.

ANONYMOUS MAR 02, 2021 10:32PM

When teaching about dementia, we use a strengths-based approach

ANONYMOUS MAR 02, 2021 10:42PM

Fight against stereotype threat

ANONYMOUS MAR 02, 2021 10:42PM

Funding/Financial Incentives

-Scholarships for participating in aging work
-Funding if they go into aging-related fields
-Tuition reimbursement for those working in aging?
-College credit for doing community work.

ANONYMOUS MAR 02, 2021 10:39PM

Normalize Aging

Manifesto against agism and negative aging

ANONYMOUS MAR 02, 2021 10:45PM

advertise that the gero workforce is in need

undergrads may be attracted to a field with greater need/greater job security. make sure undergrads know how kind and welcoming the gero community is vs other more "cut throat" psych sub fields
