



Kathryn M. Buder Center for American Indian Studies

Brown School

Pow Wow Contestants Video Recording and Upload Guide *WUSTL Pow Wow 2021*

Each year since 1990, the Brown School at Washington University in St. Louis students and the Kathryn M. Buder Center for American Indian Studies organize an annual Pow Wow.

The Pow Wow will be held over two days on Saturday March 27 and Sunday March 28. As a contestant registrant for this year's 30th Annual Washington University Pow Wow, we are excited to have you be part of this year's virtual Pow Wow. Please record yourself and use these step-by-step guidelines for recording and uploading your submission. If you have any issues, please contact the Buder Center at bcais@wustl.edu to troubleshoot. You can also leave a voicemail message at (314) 935-4677.

Dance Competition Guidelines:

- Dancer must register by March 1, 2021. A confirmation email will be sent to the registered dancer with instructions on how to upload video submissions. This may require an account set-up through a shared application.
- Dancer is required to submit one video by March 8, 2021 at 11:59pm Central Time.
- Dancer may only compete in one category. Dancer must dance to assigned song that was registered for.
- Only one dancer per video submitted. Please no joint video performances.
- Dancer may only compete in their age category.
- Dancer must write out their full name and assigned number on a white sheet of paper, in dark letters (preferably using a black permanent marker) prior to dancing. Please hold this up at the beginning of your video for 5 seconds. Dancer may share name, tribe, and category at the beginning of the video.
- Any dancer that drops any part of their regalia in their submitted video will not receive points. The only exception being the following; single hackles/fluffs, single piece of fringe.
- Submitted videos should not have any filters or be edited.
- Dancer is aware that the Head Judge will focus on regalia, time of songs including starts and stops.
- All winners must provide a social security number, full name, and mailing address to the Pow Wow committee in order to claim prize. Contest prizes are listed on the [Buder website](#).
- Dancer understands and allows that submitted material may be used for future Pow Wow marketing.
- Dancer understands and gives permission to the Pow Wow Committee to post submitted video during the virtual Pow Wow.

 Washington University in St. Louis

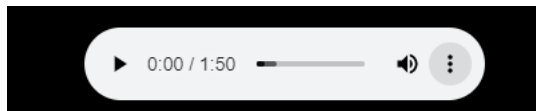
Campus Box 1196, One Brookings Drive, St. Louis, Missouri 63130-4899
314.935.4677 | buder.wustl.edu

Tips to Keep in Mind While Filming Yourself:

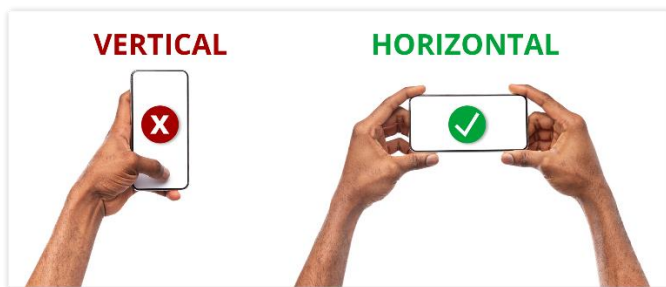
- In advance of filming, think of your introduction and items you may need before recording (see dance guidelines listed above) and practice if you think that will help you!
- Download the appropriate music for the category you signed up for. You can find this information here: <https://sites.wustl.edu/budcenter/contesting-2021/>.
 - To download click on your category's music link (red box)
 - A new web page will open where you can click the three dots next to volume to download the music to your device:

Women's Fancy

Young Buffalo Horse – Women's Fancy



- Select your recording device.
 - If you use your phone camera, avoid vertical video (**tip your phone so that it is horizontal, not vertical**).
 - Make sure your screen is maximized if you are filming via Zoom. [Tips for filming on Zoom are here.](#)
- Consider your surroundings **especially noise** when creating your recording space.
- Consider cleaning your camera lens before starting. Strive for a clean, clear look!
- Review your video before uploading and submitting.



Uploading Your Recorded Video:

When you've finished recording your video, you will need to upload the video onto Dropbox.

Step 1: Signing up for Dropbox

Creating a Dropbox account is free. If you already have an account with Dropbox, please skip to step 2.

To sign up for a Dropbox account:

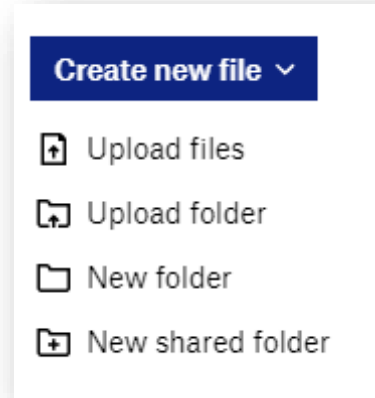
- [Create an account](#) on dropbox.com.
- Type your name and email address (your email address is the username for your Dropbox account).
- Type a [unique password](#).
- Click Create an account.

Step 2: Adding Pow Wow video to your Dropbox account

Once you create an account, you can add files to your Dropbox account.

To add files from dropbox.com:

- [Sign in to dropbox.com](https://dropbox.com).
- Click Upload.
- Click Upload files or Upload folder. You will choose the Pow Wow video use wish to share with the Washington University Pow Wow.
 - If you chose Upload files, select as many files as you like and click Open.
 - If you chose Upload folder, select a folder and click Upload.



Step 3: Sharing your video file on dropbox.com

To [share a file](#) or folder with the Dropbox website:

- [Sign in](#) to dropbox.com.
- Click All files in the left sidebar (**see IMAGE #1 below**)
- Hover over the name of the file or folder and click the share icon (person). (**see IMAGE #2 below**)
- Type bcais@wustl.edu to share your video with the Washington University Pow Wow Committee (**see IMAGE #3 below**)
- Click Share file or Share folder. The Pow Wow Committee will receive an email with a link to the file or folder.
- You can also send an email address to bcais@wustl.edu to receive a confirmation that your video file was received by the Pow Wow Committee.

IMAGE #1

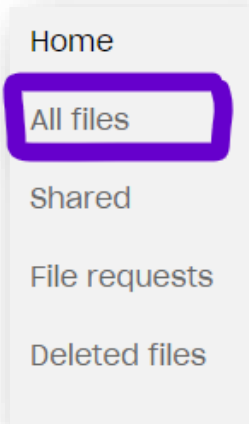


IMAGE #2

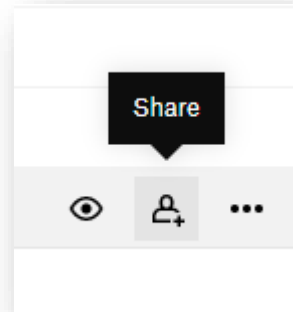


IMAGE #3

